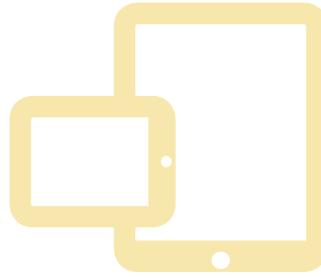


CIRMA E-Learning Center

Defensive Driving Basics Online Training Program



Our E-Learning Programs are **FREE** to all CIRMA members.

Course Description

Defensive driving is driving proactively to ensure the safety of yourself and others. By this definition, defensive driving sounds like a simple, common sense practice. Everyone thinks that driving safely and responsibly is the right thing to do. However, people's understanding of what constitutes safe and responsible driving can vary from person to person. In fact, you may think you're driving defensively while ignoring potentially dangerous habits that are second nature.

This course will cover the basics of defensive driving, providing a clear picture of how you should drive so that you are in control of your own vehicle at all times and actively making safe choices while behind the wheel regardless of what other drivers are doing. Additionally, you will learn how the decision you make can improve your own safety, as well as the safety of everyone else on the road.

Time: Approximately 30 minutes [Preview the Defensive Driving Basics online training program here](#)

Learning Objectives:

- Recognize how your decisions impact your safety and that of other motorists
- Identify the actions you can take to be safer behind the wheel
- Recognize the risks and costs of inattentive, irresponsible, and aggressive driving

Key Topics Include:

- What is Defensive Driving?
- Why Defensive Driving Important?
- Basic Defensive Driving
- Watching the Road
- Maintaining Safe Speeds
- Yielding the Right of Way
- Using Proper Safety Equipment
- Judgement and Courtesy
- Driving While Impaired- Drugs and Alcohol, Drowsy Driving, Other Types of Impairment
- Aggressive Driving, Tailgating, and Road Rage

To access CIRMA's E-Learning Center or to see a complete schedule of CIRMA's instructor-led Training & Education programs, please visit —

www.CIRMATraining.org

To register for this course, please contact your organization's E-Learning Administrator.

