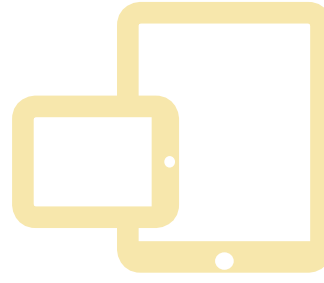


Bullying in the Workplace Online Training Program



Our E-Learning Programs are **FREE** to all CIRMA members.

Course Description:

While most people are aware of the concept of school bullies, fewer recognize bullying as a problem in the workplace. In fact, over one third of the American workforce has experienced bullying at some point in their careers. The legal safeguards that have been created to protect employees from issues like sexual harassment have yet to impact the problem of bullies at work. In this course, the learner will gain understanding of what constitutes workplace bullying and measures a victim can take to confront the bully.

Time: Approximately 30 minutes [Preview Bullying in the Workplace online training program here.](#)

Learning Objectives:

- Identify different types of bullying behavior
- Recognize symptoms of stress from being victimized by a workplace bully
- Identify the best methods for confronting a workplace bully

Key Topics Include:

- Not Just a Schoolyard Phenomenon
- Statistically Speaking
- Workplace Bullying Defined
- A Slippery Legal Slope
- Bullying Testimony and the Indiana Court of Appeals
- It's All About Control
- What Bullying Is and What It Isn't
- Bullying is Pervasive
- Bullying Tactics
- Why Is It Tolerated?
- Anti-Bullying Policies
- What If No Policy Exists?

To access CIRMA's E-Learning Center or to see a complete schedule of CIRMA's instructor-led Training & Education programs, please visit —

www.CIRMATraining.org

To register for this course, please contact your organization's E-Learning Administrator.