

CIRMA E-Learning Center

High Blood Pressure - Reducing Your Risk Online Training Program



Our E-Learning Programs are **FREE** to all CIRMA members.

Course Description:

This course provides the definition of high blood pressure, the risks associated, and the behaviors related to hypertension. The course includes lifestyle changes to reduce your risk of high blood pressure and your overall health consequences.

[Preview the High Blood Pressure - Reducing Your Risk online training program here.](#)

To access CIRMA's E-Learning Center or to see a complete schedule of CIRMA's instructor-led Training & Education programs, please visit —

www.CIRMATraining.org

To register for this course, please contact your organization's E-Learning Administrator.

