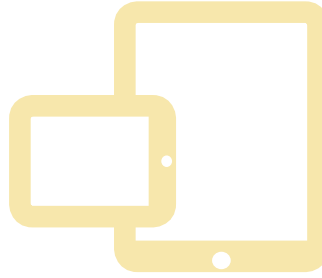


CIRMA E-Learning Center

Means of Egress Online Training Program



Our E-Learning Programs are **FREE** to all CIRMA members.

Course Description:

The Occupational Safety and Health Administration's regulations on exit routes have been created to ensure that people will have safe, easily identifiable and efficient means of leaving a building, facility or area during emergency situations. Disaster often comes without warning, and the individual's survival and the survival of others will depend on being prepared.

This course will show the learner how to recognize exit routes and to understand what his/her personal responsibilities are in an emergency as well as how to prepare himself/herself for an emergency and finally, identify appropriate assembly procedures.

Time: Approximately 30 minutes [Preview the Means of Egress online training program here.](#)

Learning Objectives:

- Recognize exit routes and your personal responsibility.
- Understand how to prepare yourself for an emergency.
- Identify proper exit and assembly procedures.

Key Topics Include:

- Emergency Preparation
- Exits
- Alarms and Evacuation
- Sprinkler Systems
- First - Sound the Alarm!
- Act Quickly
- Personal Responsibility and Mapping
- Be personally Responsible
- Do a Focused Walk-Through
- Real Evacuation
- Know EXACTLY Where to Meet
- Assembly - Head Count
- Emergency Preparedness
- Do Things Perfectly

To access CIRMA's E-Learning Center or to see a complete schedule of CIRMA's instructor-led Training & Education programs, please visit —

www.CIRMATraining.org

To register for this course, please contact your organization's E-Learning Administrator.

